

SINGLE MOTHERS SUPPORT GROUP



Are you a single mother with school-aged children? Are you interested in finding practical resources for managing your household, raising your children and caring for yourself? Whether you are navigating the process of co-parenting with your child's father, settling into a new routine after a recent divorce, or have been raising your child alone for many years, this group may be the place for you. Christin has years of experience working with single mothers who are seeking to find balance, support and practical tools for leading a more peaceful and balanced life while they raise their children. The process of sharing experiences with other like-minded women in a safe and constructive therapeutic environment provides a wonderful opportunity to find both support and practical resources. For more information, contact Christin Fort at cfort@cdpcc.org.

Who: Single mothers interested in finding support and practical resources
What: Process & Support Group facilitated by an experienced therapist
When: Weekly evening gathering (day of the week TBD); Sept-Nov 2017
Where: Central DuPage Pastoral Counseling Center, 507A Thornhill Drive, Carol Stream, Illinois 60188 ~ (630) 752-9750
Why: Because all women deserve support & encouragement in parenting
Cost: \$25/week (insurance accepted; scholarship funds may be provided)
Contact: Christin Fort at 630-752-9750x12 or cfort@cdpcc.org