



# *Grief and the Holidays*

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Did you lose a loved one recently? Are you unsure how you will survive the upcoming holidays? This evening presentation will offer some education on the grief process and practical ideas to help you journey through the holidays.

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*Presented by:*

## *Central DuPage Pastoral Counseling Center*

- DATE:** Saturday, October 21, 2017  
(Please Pre-register by Wednesday, October 18, 2017 by calling Donna at 630-752-9750, ext. 10.)
- TIME:** 10:30 am – 12:00 pm
- PLACE:** 507 Thornhill Drive  
Carol Stream, Illinois 60188
- LED BY:** Ann Letourneau, CSJ, PsyD  
Elissa Lier, PsyD
- COST:** \$25.00 per person (Insurance NOT accepted)

**REGISTRATION DEADLINE: October 21, 2017**



507A Thornhill Drive • Carol Stream, Illinois 60188 • (630)752.9750