## **Central DuPage Pastoral Counseling Center**

Presents

When my Other Normal isn't Normal

a traveling photographic exhibit



Obvious/Oblivious, by Eric Peterson

In conjunction with our on-going commitment to Mental Health Awareness, and the financial support of The Ella Bragg Boyer Endowment Fund, the Central DuPage Pastoral Counseling Center presents the public photography exhibit entitled, "When My Other Normal Isn't Normal - Looking at mental health issues through photography." The exhibit will travel between various church locations throughout the DuPage County area.

Someone with a mental health issue can look so "normal" on the outside but may be struggling with a disorder that makes them far okay on the inside. Depression, anxiety, loneliness, PTSD, eating disorders, to name a few, can be invisible to others while crippling the sufferer emotionally, psychologically, and even physically.

The photographs express each artist's understanding of mental health disorders as shaped by the struggles or journey of a loved one, a friend, or the artist's own personal journey with the Other Normal of mental illness.

It is our hope this art exhibit will foster an understanding of these deeply personal issues that many contend with every day.

We are thankful for the following photographers for exhibiting their work: James Maher, Vin Sharma, Erik Peterson, Wendy Myers, Regina Melo-Jocknevich, Richard Flansburg

If you are interested in hosting the exhibit, please contact Kurian at 630-752-9751 for more information



www.cdpcc.org

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